

Project Reporting & Evaluation

Care Alliance Ireland pre- and post- seminar evaluation

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Presentation made as part of a Pobal funded project: Supporting Your Delivery of High Quality Family carer Training

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Overview of presentation

- Overview of our proposal
- Using pre and post “intervention” surveys
 - Process
 - Challenges
 - Benefits
- What we found out
- How we use that information

Overview of Care Alliance proposal

- Key points:
 - “Maximise the effectiveness of the training and supports that successful applicants provide to Family Carers”
 - “to improve the overall capacity of participating individuals/organisations to deliver high quality Family Carer training”
 - “Create and nurture a relationship between successful applicants across Ireland”
 - Added value to the investment made by Pobal in training supports under the DAF

- How can you measure “maximising effectiveness” or “added value”?
- What are you really measuring?
- Does it really matter?

Pre- and post- intervention surveys

**Ask the same questions at
different time periods and
compare the results**

Process

- 1) Develop survey questions
- 2) Administer the survey BEFORE the 1st seminar (Baseline-T1)
- 3) Administer the survey AFTER the 1st seminar (T2)
- 4) Compare the averages for each question across T1 & T2
- 5) Administer the survey AFTER the 2nd seminar (T3)
- 6) Compare the averages across T1, T2 & T3
- 7) Administer the survey AFTER the 3rd seminar (T4)
- 8) Compare average across T1, T2, T3 & T4

What will this tell us?

- Should tell us:
 - Baseline level of knowledge on specific topics to be addressed
 - Increase or decrease in that knowledge (because of the seminars?)
 - What issues need to be addressed most in follow up seminars
 - If what we are doing is working

Developing the Questions

- Based on the commitments given in our funding application, which in turn based on the change/development needed (evidence based)
- Multiple re-writes; collaboration
- Needs to be right as you cannot change the wording significantly once T1 is administered

Baseline (T1)- SurveyMonkey

* 6. How would you rate your current confidence in providing training and similar supports for family carers? (1 is "not confident at all" and 10 is "extremely confident")

1	2	3	4	5	6	7	8	9	10
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

* 7. How would you rate your current awareness of training and similar supports available to family carers outside of those provided by your organisation? (1 is "no awareness at all" and 10 is "full awareness")

1	2	3	4	5	6	7	8	9	10
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

8. How would you rate your current knowledge in terms of planning for, and assessing, outcomes? (1 is "I have no knowledge" and 10 is "I have full knowledge")

1	2	3	4	5	6	7	8	9	10
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Post 2-Day seminar (T2) (paper)



'Guiding support for family carers'

- 4) Following this seminar, how would you rate your current confidence in providing high quality training and similar supports for family carers?

1 (very poor)	2	3	4	5	6	7	8	9	10 (excellent)

- 5) Following this seminar, how would you rate your knowledge of training and similar supports available to Family Carers (including those available which are not part of the work of your organisation)?

1 (very poor)	2	3		4	5	6	7	8	9	10 (excellent)

- 6) Following this seminar, how would you rate your current knowledge in terms of planning for, and assessing, outcomes?

1 (very poor)	2	3	4	5	6	7	8	9	10 (excellent)



Challenges

- Time; getting the questions correct, setting up SurveyMonkey/ other programme, inputting completed surveys, analysis.
- “What if’s”? No change, minimal increase or an actual decrease?
- Getting people to complete the surveys- making it mandatory?
- Relying on self-rating by participants
- Easy to get caught up with “numbers”

Benefits

- Tracking changes over time- even if negative it tells you something
- Funders like statistics!
- Helps you build on successes over time
- Relatively objective
- Easy to calculate averages in SurveyMonkey (free up to 100 responses) and compare across time

CAI results

- Can see an increase across time
- Shows success of 1st seminar
- Some key issues have more pronounced improvement
- Coupled with comments has influenced the project as a whole

Q9) How would you rate your current confidence in providing high quality training and supports for Family Carers?

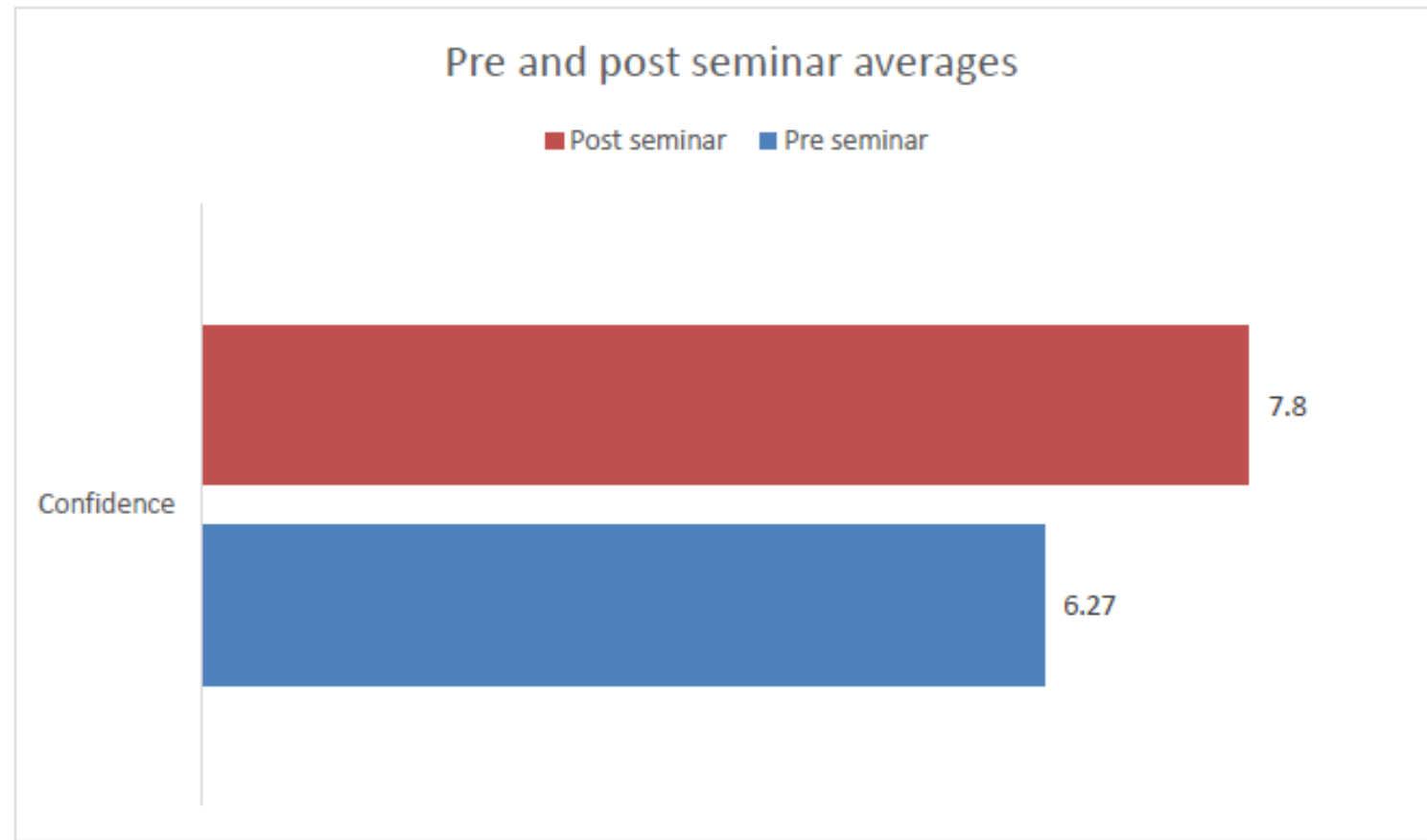


Fig 26: Average (1-10 likert scale) re: confidence in providing high quality training and supports for Family Carers (pre and post seminar)

Change between pre and post seminar averages: + 1.53

Q10) How would you rate your knowledge of training and similar supports available to Family Carers (including those which are not part of the work of your organisation)?

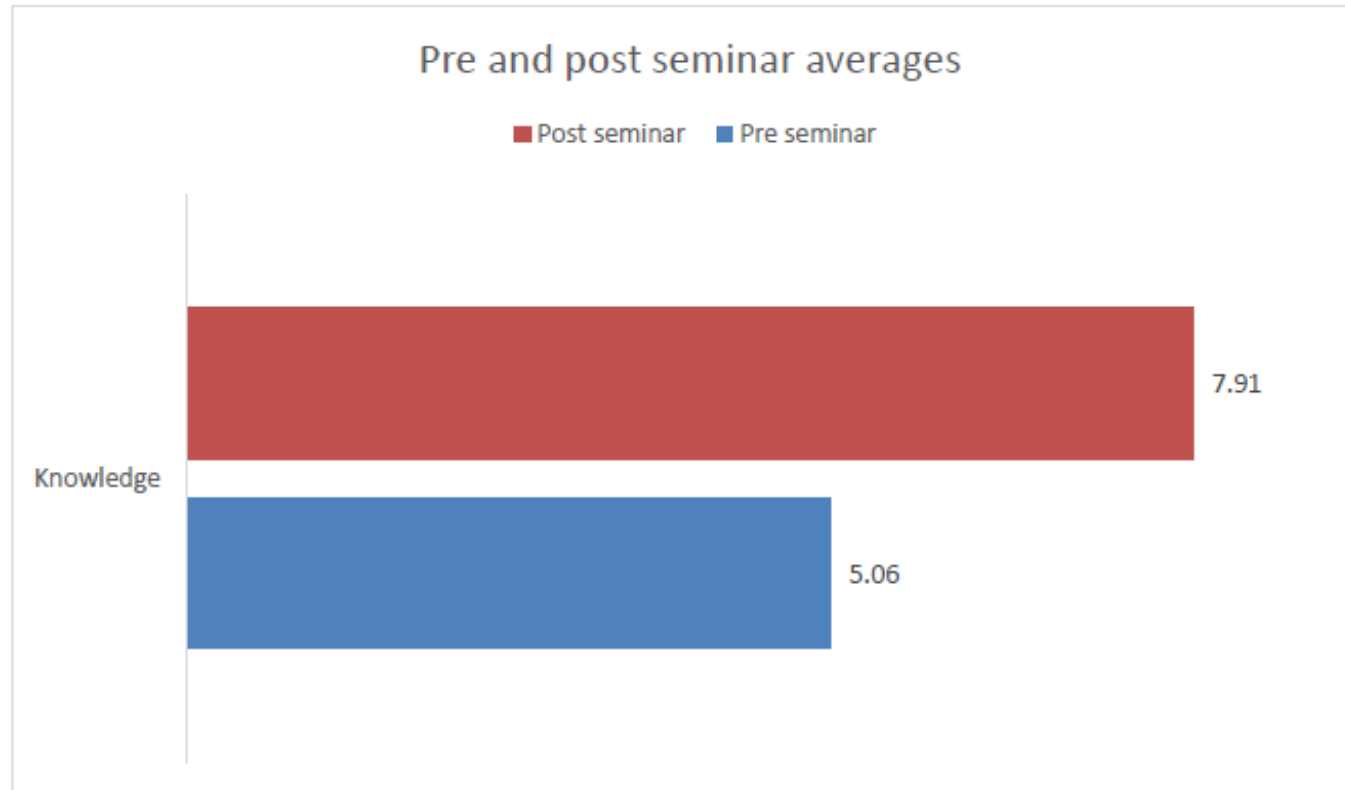


Fig. 27 Average (1-10 likert scale) re: Knowledge of training and supports available for Family Carers (pre and post seminar)

Change between pre and post seminar averages: +2.85

Q11) How would you rate your current knowledge in terms of planning for, and assessing, outcomes?

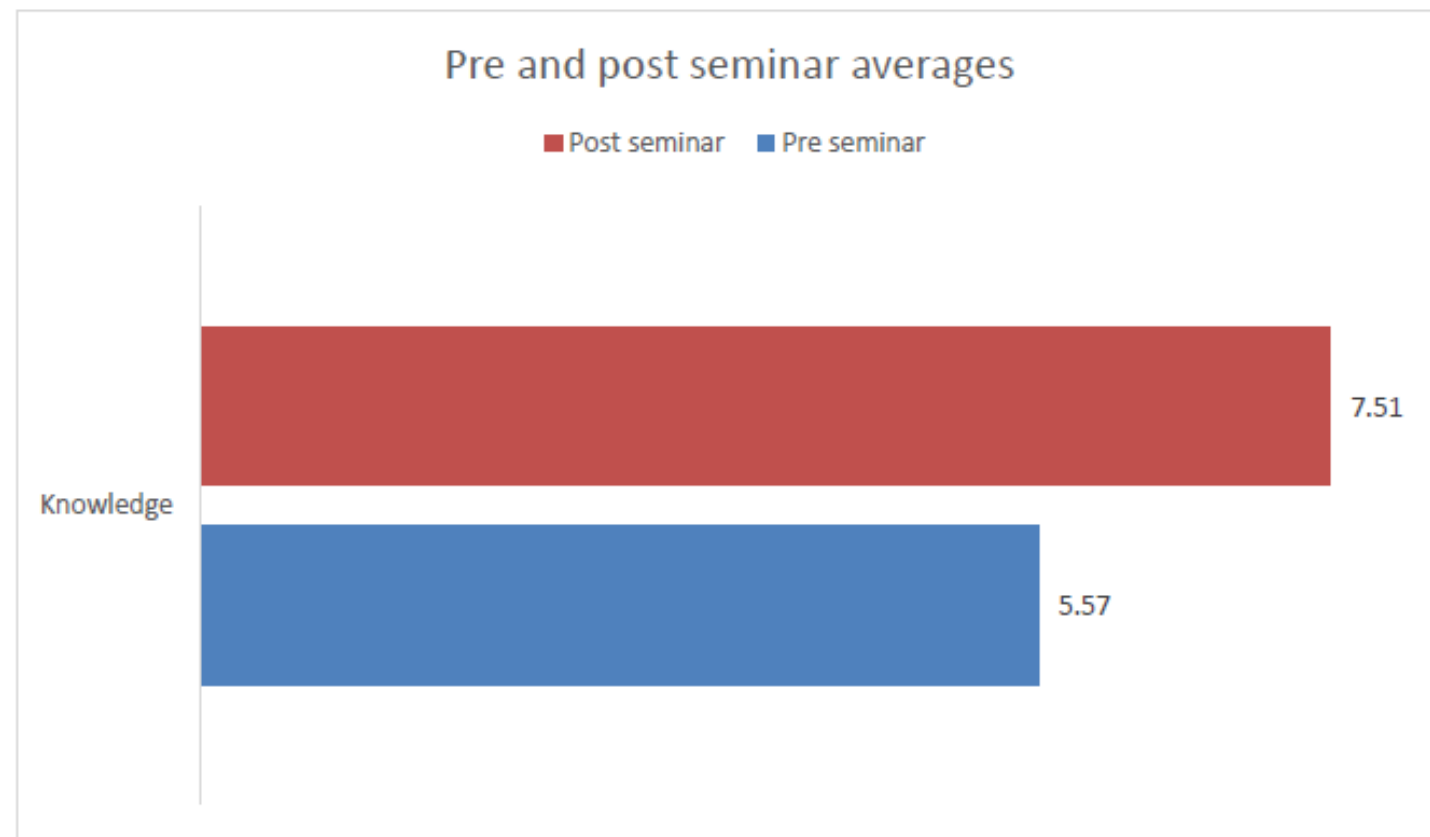


Fig. 28 Average (1-10 likert scale) re: Knowledge of planning and assessing for outcomes (pre and post seminar)

Change between pre and post seminar averages: +1.94

- Confidence in providing supports: 25% increase T1-T2
- Knowledge of training and supports available for FC's: 56% increase T1-T2
- Knowledge of outcomes and outputs- 35% increase T1-T2

Next steps

- Will be tracking the same q's today (T3)
- Hopefully will see an increase again (will need to take account of those who did not attend the 2 day seminar previously)
- Will use this information to report our activities to Pobal as part of our end of project report